Why is it important to inject every other day?

Here is some information that will help you understand how Interferon beta-1b works so that you can make the most of your treatment.

Why is it important to stick to the treatment regimen of every other day injection?

The researchers that devised the injection pattern for Interferon beta-1b found amongst other factors, the dose and frequency of injection could contribute to the effectiveness of the treatment.

Many of the Interferon beta-1b studies revealed that the therapeutical effect of Interferon beta-1b is dose-dependent. Once injected into the body the effects of Interferon beta-1b only lasts for a few days at the most.

Imagine a girl on a swing.
In order to stay at the same swinging height, she has to swing herself at regular intervals. Same if she is pushed by someone else. The frequent push guarantees the constant swinging height. If the girl is pushed only initially, her swinging height (and fun) reduces fast.

Interferon beta-1b researchers have found that injecting the drug every other day keeps the levels of the active substance in the blood consistently high, so that a strong beneficial effect is maintained.

What should you do when you miss an injection?

If you miss one injection, do not try to inject yourself the double dose at once. would help not to forget the regular injections.

Since Interferon beta-1b can cause flu-like symptoms, can I miss my dose of Interferon beta-1b if I actually get the flu so I don’t feel even worse?

If you have an attack of flu, do not stop taking your Interferon beta-1b. It is important to take your Interferon beta-1b regularly, every second day, as instructed by your doctor.

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